

Poland Seminary High School LUNCH - SEPTEMBER 2026

MENUS SUBJECT TO CHANGE



Food Service Director:
Wendy Miller
wmiller2@polandschools.org
330.757.7000 ext. 37214



What makes a meal?		Monday	Tuesday	Wednesday	Thursday	Friday
You must choose at least 3 to 5 components available for the school lunch price. Choice of Meat or Meat Alternate Choice of Vegetable, Choice of Fruit* Choice of Grain/Bread, and Choice of Milk *Students must choose at least one fruit or vegetable			1 Walking Taco Creamy Cucumber Salad Seasoned Refried Beans Citrusy Mandarin Oranges Red Delicious Apple Corn Dog	2	3	4
Additional Lunch Menu Options may include: <i>Cheese Pizza</i> <i>Pepperoni Pizza</i> <i>Breaded Chicken Sandwich</i> <i>Crispy Spicy Chicken</i> <i>Patty Sandwich</i> <i>Cheeseburger on a Bun</i> <i>Baked French Fries</i> <i>Chef Salad,</i> <i>Turkey/Ham/Cheese,Egg</i> <i>Popcorn Chicken Salad w/</i> <i>Fresh Bread</i> <i>Fruit & Yogurt Parfait</i> <i>with Granola</i> <i>Charcuterie Bistro Box</i> <i>Egg & Cheese Bistro Box</i> <i>Grilled Buffalo Chicken</i> <i>Wrap</i>		7	8 Cheese Quesadilla w/ Salsa Fresh Baby Carrots Seasoned Refried Beans Red Delicious Apple Fresh Petite Banana Crispy Spicy Chicken	9 Chicken and Vegetable Dumplings with Ginger Dressing and Fried Rice Seasoned Steamed Mixed Vegetables Fresh Red and Green Peppers	10 Boneless Wings w/ Garlic Toast Honey Glazed Carrots Black Bean & Corn Salad Fresh Petite Banana Strawberry Applesauce Corn Dog	11 Buffalo Chicken Pizza Fresh Baby Carrots Seasoned Steamed Green Beans Golden Delicious Apple Tropical Pineapple Tidbits
Lunch fruit and vegetable choices may include: <i>Baby Carrots</i> <i>Broccoli</i> <i>Red & Green Peppers</i> <i>Cucumbers</i> <i>Grape Tomatoes</i> <i>Fresh Orange</i> <i>Assorted Applesauce</i> <i>Assorted Apples</i> <i>Mixed Fruit</i> <i>Tropical Pineapple</i> <i>Tidbits</i> <i>Citrusy Mandarin Oranges</i> <i>Peach Slices</i> <i>Diced Pears</i> <i>Blueberries w/Whip</i> <i>Topping</i> <i>Assorted Craisins</i>		14 Buffalo Chicken Dipper w/ Garlic Toast Fresh Baby Carrots Seasoned Steamed Mixed Vegetables Red Delicious Apple Cinnamon Applesauce	15 Beef Burrito Bowl Seasoned Refried Beans Pickled Bell Peppers & Carrots Citrusy Mandarin Oranges Fresh Petite Banana Corn Dog Nuggets	16 Chicken w/ Gravy and Biscuit Potato Bowl Fresh Baby Carrots Seasoned Steamed Golden Corn Red Delicious Apple Applesauce	17 Bosco Sticks w/Dipping Sauce Fresh Cucumber Slices Honey Glazed Carrots Golden Delicious Apple Tropical Pineapple Tidbits	18 Chicken BBQ Pizza Fresh Red and Green Peppers Green Beans Fresh Petite Banana Strawberry Applesauce Crispy Spicy Chicken
Daily Milk Choices Assorted Lowfat Milk		21 Chicken Parmesan Sandwich Cucumbers Oven Roasted Carrots Fresh Petite Banana Cinnamon Applesauce Popcorn Smackers	22 Chicken Fajita & Cheese Dip w/Fresh Bread Fresh Celery Sticks Seasoned Refried Beans Golden Delicious Apple Citrusy Mandarin Oranges Corn Dog Nuggets	23 Chicken Meatballs & Penne Pasta w/Fresh Bread Seasoned Steamed Green Beans Fresh Baby Carrots Golden Delicious Apple	24 Teriyaki Chicken & Vegetables over Fluffy Rice Broccoli Salad Seasoned Steamed Mixed Vegetables Fresh Petite Banana	25 Sausage Pizza Seasoned Steamed Golden Corn Fresh Red and Green Peppers Fresh Petite Banana Raspberry Lemonade
Lunch Prices Full Lunch: \$3.00 Lunch Entrée: \$2.50 Fruit/Vegetable Side: \$1.00 Milk: \$.65		28 French Toast Sticks w/ 2 Sausage Patties Crispy Tater Tots Fresh Baby Carrots Cinnamon Applesauce Red Delicious Apple Corn Dog Nuggets	29 Sweet & Spicy BBQ Chicken Bowl Seasoned Steamed Golden Corn Roasted Chickpeas Citrusy Mandarin Oranges Golden Delicious Apple	30 Bacon Cheeseburger BBQ Bacon Baked Beans Fresh Baby Carrots Strawberry Applesauce Fresh Petite Banana Crispy Spicy Chicken Patty Sandwich		