

Poland Seminary High School LUNCH - AUGUST 2026

MENUS SUBJECT TO CHANGE



Food Service Director:
Wendy Miller
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What makes a meal?	Monday	Tuesday	Wednesday	Thursday	Friday
You must choose at least 3 to 5 components available for the school lunch price. Choice of Meat or Meat Alternate Choice of Vegetable, Choice of Fruit* Choice of Grain/Bread, and Choice of Milk *Students must choose at least one fruit or vegetable					
Additional Lunch Menu Options may include: Cheese Pizza Pepperoni Pizza Breaded Chicken Sandwich Crispy Spicy Chicken Patty Sandwich Cheeseburger on a Bun Baked French Fries Chef Salad, Turkey/Ham/Cheese,Egg Popcorn Chicken Salad w/ Fresh Bread Fruit & Yogurt Parfait with Granola Charcuterie Bistro Box Egg & Cheese Bistro Box Grilled Buffalo Chicken Wrap	3	4	5	6	7
	10	11	12	13	14
	17	18	19	20	21
Lunch fruit and vegetable choices may include: Baby Carrots Broccoli Red & Green Peppers Cucumbers Grape Tomatoes Fresh Orange Assorted Applesauce Assorted Apples Mixed Fruit Tropical Pineapple Tidbits Citrusy Mandarin Oranges Peach Slices Diced Pears Blueberries w/Whip Topping Assorted Craisins	24	25 Beef & Cheese Nachos Fresh Baby Carrots Seasoned Refried Beans Citrusy Mandarin Oranges Fresh Petite Banana	26 Popcorn Chicken Bowl w/ Fresh Bread Oven Roasted Carrots Cucumbers Red Delicious Apple	27 Freshly Baked Italian Dunkers Seasoned Steamed Green Beans Carrot & Raisin Salad	28 Honey Hot Chicken Pizza Fresh Baby Carrots Seasoned Steamed Golden Corn Fresh Petite Banana
Daily Milk Choices <i>Assorted Lowfat Milk</i>					
Lunch Prices Full Lunch: \$3.00 Lunch Entrée: \$2.50 Fruit/Vegetable Side: \$1.00 Milk: \$.65					
	31 Bosco Sticks w/Dipping Sauce Seasoned Steamed Mixed Vegetables Fresh Red and Green				

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