

Poland Seminary High School BREAKFAST - AUGUST 2026

MENUS SUBJECT TO CHANGE



Food Service Director:
Wendy Miller
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What makes a meal?	Monday	Tuesday	Wednesday	Thursday	Friday
You must choose at least 3 to 5 components available for the school lunch price. Choice of Meat or Meat Alternate Choice of Vegetable, Choice of Fruit* Choice of Grain/Bread, and Choice of Milk *Students must choose at least one fruit or vegetable					
Additional Breakfast Entrées may include: Assorted Poptarts Fruit and Yogurt Parfait Smoothies Assorted Cereal with Toast Chocolate Chip Oatmeal Bar String Cheese and Crackers Assorted Benefit Bars Goody Ring Banana Muffin Chocolate Chip Muffin	3	4	5	6	7
	10	11	12	13	14
Breakfast Fruit and Juice Choices Apple, Orange, Blue Raspberry and Fruit Punch Juices Assorted Applesauce flavors Assorted Craisins Assorted Fresh Fruit	17	18	19	20	21
Daily Milk Choices Assorted Lowfat Milk	24	25 Confetti Pancakes Fresh Petite Banana Sunrise Orange Juice	26 Cinnamon Roll Fresh Petite Banana Apple Juice	27 Goody Ring Cinnamon Applesauce Sunrise Orange Juice	28 Iced Donut w/Sprinkles Raspberry Lemonade Craisins Sunrise Orange Juice
Breakfast Prices Full Breakfast: \$1.50 Breakfast Entrée: \$1.25 Fruit Side: \$1.00 Milk: \$.65	31 Egg & Cheese Biscuit Golden Delicious Apple Sunrise Orange Juice				